

One is the loneliest number!

Partnering in Leadership Opportunities!

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Benefits of Partnering with ISU Extension

- 1. New Faces & New Ideas for students**
- 2. Research based learning through long term, sustained experiences that connect youth with land grant university's knowledge and resources, along with partnerships with caring adults leaders to youth empowerment.**
- 3. More hands allows better abilities to meet the needs of students in smaller groups.**
- 4. Economic Growth - County Extension Office is a branch of Iowa State University, but is paid through county taxes. The main purpose is to serve the members of the county through several different priority areas: Community & Economic Development, Food and the Environment, Health & Wellbeing and K-12 Youth Outreach. Funds are based upon how we are impacting the county.**



Our Partnership Activities

Leadership 101 (5th Grade)

RICOCHET!!!

What is it? An adventure-based leadership development program created specifically for middle school age youth.

*Ultimate goal: For youth to see themselves as leaders in their communities.

5 Dimensions of Ricochet



Leadership Information

Leadership Attitude

Communication

Decision Making

Stress Management

With preparation, youth can identify leadership opportunities and accept the challenges. When you Ricochet you're on the move. You're full of energy. You're unpredictable. But, you're ready for whatever comes your way. That's the sign of a true leader.



Leadership 101

Zombie Apocalypse: Survival Skills

Drama Club--girl issues!

Escape Rooms

STUDENTS LEARNED IMPORTANT SURVIVAL SKILLS VIA ZOMBIE APOCALYPSE STYLE LESSONS.

WE CELEBRATED THE END OF OUR FIRST YEAR OF PARTNERING BY DESIGNING ESCAPE ROOMS FOR THE STUDENTS TO PARTICIPATE IN



**“This was the hardest I’ve thought ALL YEAR!!” - S-O
6th Grade Students**





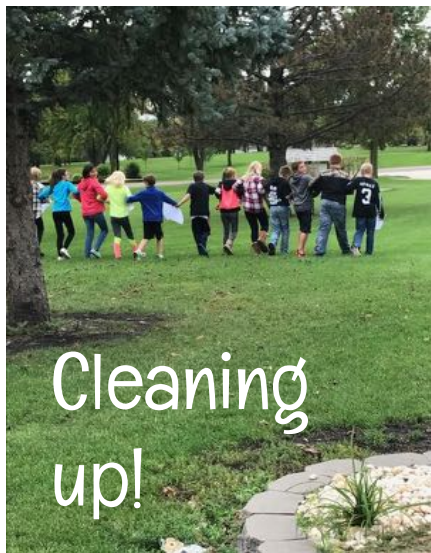
Our Partnership Activities

Leadership 201 (6th grade)

- Retreat to promote team building
 - Stations:
 - Bobsled
 - Firechief
 - Outdoor Yoga
 - Letters to Hurricane Victims
 - Giving back---park clean up



Bobsled



Cleaning
up!



Outdoor Yoga!



Team building activities staged as scavenger hunts excited students to work together



Fire Chief

Students learn about the importance of community involvement and environmental stability from the Conservation Officer



Skyping with Barbara Gruener from Friendswood, TX! She shared about the effects of the hurricane. Then we wrote letters to her students!





Our Partnership Activities

Leadership 201

- We designed this for our 2nd year of leadership.
- Community service projects
 - Nursing home--reading and decorations
 - Assisted living--games, computer skills
 - Bully presentations to elementary
 - Letters to businesses







Activities:

Helium tubes

Hidden Numbers

Stress ball toss

Bobsled

Resources

Ricochet Curriculum from ISU Extension

Youth Programming Specialist from your area!

FIND SOMETHING TO DO! By Jim Cain

Mrs Ks Good Stuff on TpT

Mrs. K's Good Stuff blog: mygoodstuff2share.blogspot.com

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"I get by with a little
help from my
friends!"

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